

★ Balm Beach Bar & Smokehouse ★

BEACH APPS

CHICKEN WINGS 1lb 15 2lb 28
8 or 16 un-breaded wings deep fried for crisp, tossed in your choice of our house made flavours: smokey buffalo, maple mustard, signature Jerk BBQ, dry cajun

CHICKEN FINGERS 15
4 golden brown chicken tenders served with fries & plum sauce

ROASTED BRUSCHETTA WITH FETA .. 13

CALAMARI 14
Lightly flour-dusted, fried crisp golden brown and served with tzatziki sauce

CARIBBEAN SHRIMP 14
served with pineapple salsa & sweet citrus Thai sauce

MEXICAN DIP TRIO WITH TORTILLA CHIPS 12
Served with fresh pico de gallo, guacamole and special secret house black bean dip

'LIL DILLY 11
5 breaded deep fried pickle spears served with a creamy dill dip

FIESTA POPPERS 12
Red jalapeño pepper halves stuffed with a tangy chilli cream cheese, wrapped in a crunchy breadcrumb, sprinkled with red & green jalapeño flakes with a creamy dill dip

TACOS

TEX MEX CHICKEN TACOS 14
served with pineapple salsa, pico de Gallo, pickled cabbage, chipotle mayo

SMOKED BBQ BRISKET TACOS 15
served with pineapple salsa, pico de gallon, pickled cabbage, crispy onions

PULLED PORK TACOS 14
served with pineapple salsa, pico de Gallo, pickled cabbage, crispy onions

SALADS & BOWLS

CHICKEN CAESAR SALAD 16.5
Classic Caesar salad with a choice of smoked or crispy chicken tossed with our house made dressing and croutons, smoked cured bacon, and fresh grated parmesan cheese

GREEK SALAD 12
Cucumber, tomato, red onion, sweet peppers, feta cheese and black olives

VEGAN ROTI BOWL 14
An island classic mix of vegetables, red beans, rice sautéed with warm Caribbean spices topped with our Signature Jerk BBQ sauce

POUTINES & FRIES

Smokehouse style poutines with golden shoestring fries, our Guinness demi-glace gravy & real cheese curds

CLASSIC 11

BACON POUTINE 13

PULLED PORK POUTINE 14
topped with crispy onions

BRISKET POUTINE 15

TRUFFLE FRIES 11
with garlic truffle aioli

BUCKET O' FRIES 7
Crispy shoestring fries, salted to perfection / add side of our homemade gravy \$1.5

SWEET POTATO FRIES 10
with side of chipotle mayo

KIDS MENU

GRILLED CHEESE & FRIES 7

CHICKEN TENDERS (2PC) & FRIES 9
side of plum sauce

HANDHELDS & WRAPS

All are served with fries add house gravy 1.5

Substitute sweet potato fries 2.5 / Caesar or Greek salad 2.75 / side poutine 4

NEW CHICKEN CAESAR WRAP 16

Crispy chicken, thick cut smoked bacon, romaine lettuce, Grana Padano house made Caesar dressing

NEW SMOKEHOUSE CHICKEN CLUB WRAP ... 16

Smoked chicken breast tossed in our signature dark rum Jerk Sauce, Swiss cheese, lettuce, tomato, thick cut smoked bacon, garlic aioli

SMOKED PULLED PORK 16

house smoked pulled pork smothered in bbq sauce and on a brioche bun and served with coleslaw, crispy onions, & garlic aioli

SMOKED BRISKET 19

Beef brisket piled high on a brioche bun and served with coleslaw, crispy onions, & garlic aioli

BURGERS

All our juicy burgers are served with fries add house gravy 1.5

Substitute sweet potato fries 2.5 / Caesar or Greek salad 2.75 / side poutine 4

V BEACH VEGAN BURGER 15

6oz beyond meat patty charcoal grilled to perfection, presented smokehouse beach style with guacamole and pineapple salsa on a kaiser bun

NEW BACON CHEDDAR BALM BEACH BURGER ... 18

8 oz ground chuck, smoked bacon, cheddar cheese, lettuce, tomato, onion, pickles, chipotle mayo on a brioche bun

ULTIMATE BURGER 21

12oz of meat and love! All beef burger topped with smoked beef brisket in bbq sauce, swiss cheese, crispy onion, garlic mayo on a brioche bun

ISLAND BURGER 16

8oz all beef burger topped with fresh pineapple salsa, avocado spread & habanero mayo on a brioche bun

ENTRÉES

👑 JERK CHICKEN 19

a quarter chicken leg marinated in our signature jerk sauce made with premium dark rum, served on Caribbean rice and vegetables, topped with fresh pineapple salsa

SWEET & SMOKEY half 19 full 29 BABY BACK RIBS

pork BACK ribs smoked for a minimum of 6 hrs smothered in a sweet & sticky bbq sauce served w/ fries and coleslaw / sub sweet potato fries 2.5 / sub caesar salad 2.75 / upgrade side poutine 4 / add homemade gravy 1.5

NEW BEER BATTERED FISH & CHIPS 19.5

battered Haddock, smoked jalapeño tartar sauce, coleslaw, fries with side of Guinness demi-glace gravy

Show your receipt at Beach N' Things & get 15% off a Paddle Board Rental

*receipt minimum \$30

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